

# Daoist Energetic Medicine

The Curriculum of the International Institute of Medical Qigong  
Texts by Prof. Jerry Alan Johnson, DMQ  
Syllabi by Shifu Bernard Shannon, DMQ

## P-1 Introduction to Medical Qigong Theory - Portland, Or

32 hours • The 1st (MQP) Certificate course

### P1 Course Topics

- Experiential Daoist Knowledge and Scholarship • Over 25 Medical Qigong Forms Will Be Taught • Joining the Three Treasures of Heaven, Earth, and Humanity • Qigong for Purging, Tonifying, and Regulating • Breathwork • Healing Sounds • Standing and Sitting Meditations • Energetic Protection • Overcoming Resistance to Training • Unconditional Loving Kindness for Oneself • Analytical Understanding of the Exercises • How to Create a Daily Qigong Routine • Texts, readings, and competencies • Please visit our website • Contact us! •

### P1 December 2018 (5 Day Intensive)

Dec 15, 16, 17, 18, 19 (Sun-Weds), 9am-12:30pm, 2-5:30pm, 8am Qigong Days 2-5, BYO Lunch, Fee: \$800

### P1 January 2019 (Wkend + 6 Sat Classes)

Jan 5, 6 (Sat, Sun), 9am-12:30pm, 2-5:30pm, 8am Qigong Sun  
Jan 12, 19, 26, Feb 2, 9, 16 (Saturdays), 2-6:00pm, Fee: \$800

**Partial Scholarships for Enrolled Students,  
CEs - Oregon LMTs - Acupuncture NCCAOM**



**Eric Shaffer, DMQ**

Practitioner and Advanced Instructor of  
Daoist Energetic Medicine and Medical Qigong  
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